GOVERNMENT OF INDIA
HEALTH AND FAMILY WELFARE
LOK SABHA

UNSTARRED QUESTION NO:2323
ANSWERED ON:11.03.2016
Deficiency of Vitamin-D
P. Shri Nagarajan

Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:

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(a) whether around 80 percent people in Urban India suffer from Vitamin-D deficiency and 90 percent people suffer from damaged knees joint in the age group of 60-65 years; and

(b) if so, the corrective measures taken in this regard?

Answer

ANSWER
THE MINISTER OF HEALTH AND FAMILY WELFARE
(SHRI JAGAT PRAKASH NADDA)
(a): The surveys carried out in India indicate that despite ample sunlight, people are deficient in Vitamin D. The prevalence of Vitamin D deficiency is in the range of 10 percent to over 90 percent across all age groups. The studies have also shown that Vitamin D deficiency may be associated with low bone mineral density leading to weaker bones and fracture risk.
(b): While health is a State subject, the Central Government supplements the activities and efforts of the States towards creation of awareness, health education, health promotion, and diagnosis/treatment facilities.
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